



# Scottish Massage Schools Ltd

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## REMEDIAL AND SPORTS MASSAGE DIPLOMA COURSE

Thank you for your interest in our eight-month Remedial and Sports Massage Diploma course. Courses are held in Aberdeen and Edinburgh. You do require a Diploma in Swedish Massage, Aromatherapy or Shiatsu to be able to apply for this course – if you are unsure of your qualification, please get in touch.

This course is designed to continue on from Swedish Massage into the realms of Remedial and Sports Massage. The course will review and build on past study, developing massage techniques and teaching basic examination and mobilising techniques. You will also learn other muscle balancing techniques and more ways of using your skills in health maintenance. All these skills enhance the effectiveness of the massage therapy treatment and are of particular value in the field of Sport.

The course is held one weekend a month for 8 months and the cost is met with 5 payments of £160 paid by the 20th of the preceding month, by banker's order plus a non-refundable enrolment fee of £75 (Scottish Massage Schools graduate)/£175 (other). You may, of course, pay in full £875/£975. *All fees must be paid by weekend five (5) and there are no refunds after weekend three (3).*

The **Edinburgh** course will be held in Merchiston Avenue Campus, Napier University, Edinburgh on: 19<sup>th</sup>/20<sup>th</sup> September, 17<sup>th</sup>/18<sup>th</sup> October, 14<sup>th</sup>/15<sup>th</sup> November, 12<sup>th</sup>/13<sup>th</sup> December **2009**, 23<sup>rd</sup>/24<sup>th</sup> January, 20<sup>th</sup>/21<sup>st</sup> February, 27<sup>th</sup>/28<sup>th</sup> March and 24<sup>th</sup>/25<sup>th</sup> April **2010**.

The **Aberdeen** course will be held in New Kings Buildings, Aberdeen University, Aberdeen on: 8<sup>th</sup>/9<sup>th</sup> May, 12<sup>th</sup>/13<sup>th</sup> June, 10<sup>th</sup>/11<sup>th</sup> July, 14<sup>th</sup>/15<sup>th</sup> August, 18<sup>th</sup>/19<sup>th</sup> September, 16<sup>th</sup>/17<sup>th</sup> October, 20<sup>th</sup>/21<sup>st</sup> November and 11<sup>th</sup>/12<sup>th</sup> December **2010**.

More information is listed in our Course Information, Curriculum and Modules Booklet, which is available on request where you will see that the same course is run by the Highland School of Massage.

On successful completion of the course, you will be awarded a Diploma in Remedial and Sports Massage. This will entitle you to practise Remedial and Sports Massage and procure insurance for the new techniques you have learned.

However, you may wish to continue to study on the full Advanced Remedial Massage course – this can be done as a follow on or you may register for a future intake. If you decide to continue studying please ask the office for the relevant registration forms.

We look forward to receiving your registration form, which you will find in the brochure. We try to keep things simple – if you would like more information, then don't hesitate to phone us.

Yours sincerely

Maggie Brooks-Carter  
Principal